



FACILITATION
WELLINGTON
DUFFERIN

Independent Facilitation - Your Life, Your Way

Annual Report June 2018



VISION: People create their own lives and connect as full citizens within vibrant, diverse communities.

MISSION: FWD offers independent facilitation that is guided by our values, and governed by our standards. In doing so we create communities where people have real choice, value relationships, and contribute as full citizens.

Independent Facilitation: Your Life, Your Way



I am still trying to find myself and my place in this world, and my facilitator helped with that.
~Josh

MCSS Funded Independent Facilitation

Beginning in 2015, FWD has been a collaborative partner in the Independent Facilitation Demonstration Project (IFDP). The demonstration project came to an end in March of 2018, but FWD continues to receive MCSS funding to provide facilitation for people in Wellington and Dufferin Counties..

93 people - 3 years - 341 social roles

Valued Social Roles

One way to measure the impact of independent facilitation is to look at changes in the number of valued social roles that people play. FWD has supported 93 people to develop 341 valued social roles.

49

Work
Roles

127

Leisure &
Recreation

119

Volunteer
Roles

17

Literacy
Roles

6

Post-
Secondary
Education

23

Employment
Training /
Upgrading

Stories of Facilitation



Stephen had been looking for a creative and unique way to connect with his community. He was born and raised in a small town where many people recognized him, but haven't had the chance to get to know him. Stephen has a unique gift for hospitality and for making others feel appreciated. With support from his facilitator, he invited 10 neighbours to his home for a community potluck dinner. Stephen made a delicious homemade lasagna for the occasion, and others brought salad, desert and wine. The evening was a great success, and Stephen is looking to invite even more people for next month's dinner.

Angela is a talented knitter and crochet artist. She and her facilitator have been thinking together about how she can use this interest as a way to become more connected to her community. Angela has started and grown her own business Triple JC's Crochet and Crafts, selling her crafts at sales around the county. This past winter she contributed to Hats Off Dufferin, making and donating hats to people in need in her community. Most recently Angela joined the Orangeville thREADs World Wide Knit in Public Day. Congratulations Angela!



Ilze sets a lot of goals for herself, and works hard to meet them even though it can be difficult. Some of her priorities have included getting a job, furthering her education, and thinking about how she can share her insights and experiences with others. With support from her facilitator, Ilze started working part-time, has been developing a presentation and slide show to educate others about setting and reaching goals, and has recently been accepted into the Community Integration Cooperative Education Program at Georgian College. She is looking forward to getting started as a student in September.

*My facilitator raises my dreams.
~ Violet*

Outreach and Education

Ongoing learning is important to the people and families that we support, our independent facilitators, other professionals, and our community as a whole. FWD is committed to hosting regular events that bring people together in a spirit of support, learning and idea-sharing.



YOU: Strong, Centred, Connected

In May of 2018, with generous support from the Guelph Community Foundation, FWD hosted an event to bring together parents from throughout Wellington County to connect, learn together, and be inspired. Amy Baskin, national speaker, local parent and author of *More Than A Mom: Living a Full and Balanced Life When Your Child Has Special Needs*, presented. 52 people were in attendance, and feedback from the event was glowing.



PIN Executive Directors Symposium

FWD is committed to strengthening our community in all different ways. In January of this year, we were fortunate to present at the PIN Executive Directors Peer Group Symposium, sharing ideas with other non-profit organizations on the topic of Creating Welcoming Spaces.



Trauma Informed Care Training

Many people experience trauma in their lives, and its effects can be severe and far reaching. FWD hosted a free training event for families, community members and professionals to raise awareness of trauma, and to identify supports that promote healing. 36 people, including 5 FWD facilitators, attended the event.



Community Resource Fairs

In an effort to spread the word about independent facilitation and the work of FWD, we have set up tables at Community Resource Fairs organized by the DSO Passport Resource Coordinator. Events were held in both Orangeville and Fergus. In April, Christopher Dawe helped out at the Orangeville event, handing out information and talking about his experiences working with an FWD facilitator.

Lots of energy and information - [this event was a] good opportunity to meet others.

FWD Facilitators



I love that our culture of learning promotes and honours individual learning styles...

~Jodee, Lead Facilitator

Each year, FWD facilitators invest in their own learning and skill development...



24 hours Local Facilitation Network



18 hours Group Mentoring



12 hours Individual Mentoring



Additional training in topics such as Facilitation Leadership, MAPS and PATH, ASSIST Suicide Intervention, Person-Centred Practices, Mental Health First Aid, Trauma-Informed Care.....



As a new member of the FWD team, I am inspired and warmed by the authentic care and compassion of my fellow facilitators...

~ Judith, Apprentice Facilitator

What's Next ?



Ongoing Facilitation Support

With financial support from the Ministry of Community and Social Services, FWD will continue to support close to 100 people and families in Wellington and Dufferin Counties to build the lives that they want in community. We aim to be available to support others on a fee for service basis as well. Stay tuned for more information, or get in touch to learn more.



LIFEactually Photo Exhibit

In partnership with the Museum of Dufferin and with the generous support and talents of photographer Pete Paterson, FWD is developing an exhibit of portraits showing people sharing their skills and talents with their community. The exhibit hopes to change perspectives about what it means to have a disability. The gala opening is scheduled for October 28, 2018.



Supporting Family Networks

FWD staff have been meeting with family leaders in Wellington and Dufferin Counties to discuss what role we might play in supporting the development of a family network (or networks) in the area. Focus groups will be held over the summer months to learn more about family interests and priorities, and we aim to begin hosting networking event(s) in the fall of 2018.



52 Weeks, 52 Ways

In June 2018, FWD launched a year-long social media campaign to encourage more people to connect with their community. Postings will be shared every Friday afternoon through Facebook (Facilitation Wellington Dufferin), Twitter (@FacilitationWD) and Instagram (FacilitationWD). Check it out!

Get in touch!

We are always excited to hear from people who want to learn more about FWD, independent facilitation, or to supporting the work that we do. Please contact us!

Phone: 226-326-0916 x 210
Email info@facilitationwd.com
www.facilitationwd.com

[Facilitation] gives Travis a boost for is self-esteem. It helps him to think things through, gives him time to generate his own ideas.
~ Monica